

# Lesson Schedule



COACH LEAH NYIKES

## SUMMER SCHEDULE: JUNE 1 - AUGUST 29

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	[Restricted]	[Restricted]		[Restricted]		[Restricted]	[Restricted]
:30							
7:00 AM	[Restricted]	[Restricted]		[Restricted]		[Restricted]	[Restricted]
:30							
8:00 AM						[Restricted]	[Restricted]
:30							
9:00 AM						[Restricted]	[Restricted]
:30							
10:00 AM						[Restricted]	[Restricted]
:30							
11:00 AM						[Restricted]	[Restricted]
:30							
12:00 PM						[Restricted]	[Restricted]
:30							
1:00 PM						[Restricted]	[Restricted]
:30							
2:00 PM						[Restricted]	[Restricted]
:30							
3:00 PM						[Restricted]	[Restricted]
:30							
4:00 PM						[Restricted]	[Restricted]
:30							
5:00 PM					[Restricted]	[Restricted]	[Restricted]
:30							
6:00 PM					[Restricted]	[Restricted]	[Restricted]
:30							
7:00 PM					[Restricted]	[Restricted]	[Restricted]
:30							
8:00 PM					[Restricted]	[Restricted]	[Restricted]
:30							

\* Note restricted times - indicated above in black \*

LIQUID N' DURANCE MASTERS SWIM PRACTICES

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TO REGISTER CONTACT LEAH NYIKES @

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