

Lesson Rates



LESSON RATES (PER SWIMMER)		12 & UNDER		13 & OVER	
		1/2 HOUR	FULL HOUR	1/2 HOUR	FULL HOUR
SINGLE SCHEDULED LESSON	Private	\$40	\$60	\$45	\$75
	Semi-Private	\$30	\$45	\$35	\$55
6 SCHEDULED LESSONS (10% DISCOUNT)	Private	\$215	\$325	\$245	\$405
	Semi-Private	\$160	\$245	\$190	\$295
10 SCHEDULED LESSONS (20% DISCOUNT)	Private	\$320	\$480	\$360	\$595
	Semi-Private	\$240	\$360	\$280	\$440

INITIAL CONSULTATION - A one-time 30 minute consultation is required by ALL new participants 13 & OVER - \$30

PRIVATE UNDERWATER VIDEOTAPING

Video stroke analysis is *THE* best way to identify opportunities for improvement and to develop kinesthetic body awareness. Supplement your learning and fast-track your progress with a 1-hour video session - includes underwater video recording of your stroke with side, front, and above water views. Immediate feedback and a personalized prescription for improving your technique will follow as we review your video on site.

\$95/hour or additional \$25/hour with purchase of any pre-scheduled lesson package - Includes take-home copy of DVD

TO REGISTER CONTACT LEAH NYIKES @

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Call

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